**First Response Validation**

**for holders of EFAW certificates**

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| **Candidate Name:** |  | **Date:** |  |

*Please look at the St John Ambulance web site* [www.sja.org.uk](http://www.sja.org.uk) and click on first aid advice , watch the *video’s and read the relevant sections then make your selection to answer the questions below by circling or highlighting the appropriate letter.*

**1. If you had a defibrillator with only adult pads and a cub scout who was not breathing would you use it?**

1. No
2. Yes

**2. Where would you place adult pads when administering a shock on a very small child?**

1. In the same position as on an adult
2. One in the centre of the casualty’s chest and one on the casualty’s back
3. One on the chest and one on the stomach

**3. After initial checks, which is the correct sequence for delivering CPR on an adult?**

1. 30 chest compressions followed by two rescue breaths
2. Two rescue breaths followed by 30 chest compressions
3. 15 chest compressions followed by two rescue breaths

**4. For children which is the correct sequence for delivering CPR?**

1. 30 chest compressions followed by two rescue breaths
2. Five rescue breaths followed by 30 chest compressions followed by two rescue breaths
3. Two rescue breaths followed by 30 chest compressions followed by two rescue breaths

**5. When giving chest compressions on a child how hard would you press??**

1. 5-6cm
2. At least two thirds the depth of their chest
3. At least one third the depth of their chest

**6. Which of the following casualties would you treat first?**

1. Child with broken arm, shouting for help
2. Man sitting dazed with a bruise to the head
3. Man lying quietly on his back with no obvious injuries
4. Woman lying quietly on her side with no obvious injuries

**7. Which two of the following is a symptom of hypothermia?**

1. Pale skin, hot to touch
2. Slowing down of body’s functions, including thought and speech
3. Pale skin, cold to touch
4. Rapid pulse and breathing

**8. How would you treat a casualty suffering from hypothermia?**

1. Lay the casualty down with head raised
2. Remove casualty to a sheltered place and place insulating materials under and around them.
3. Put the casualty in a hot bath
4. Give the casualty a tot of brandy (if an adult).

**9. If a Beaver scout is very hot after being in the sun, is nauseous and pale what treatment would be appropriate?**

1. Sit the casualty down where they are in the sun and give them a drink of water
2. Remove as much clothing as is decent and put them in a cool place and give plenty of water to drink.
3. Keep the casualty warm with a blanket and give plenty of water to drink until they feel better
4. Put the casualty into a very cold bath for 15 minutes

**10. Which of the following is a symptom of meningitis in both adults and children?**

1. Fever with cold hands and feet
2. Feeling cold and shivering
3. Alert and hyperactive
4. Wants to be in a brightly lit room

**11. A casualty with meningitis can have a rash, this may not be evident in all cases but what would make you suspect it was a meningitis rash?**

1. Rash is very red and itchy with red skin
2. Rash does not fade when put under pressure with a glass is pressed against it
3. Rash is braking the skin in spots with puss evident

**12. You suspect a casualty has meningitis, what treatment would you give?**

1. Call 999/112 and seek urgent help from the ambulance service
2. Keep the casualty warm and see if the rash disappears
3. Monitor the patient for 6 hours and then refer to the GP

**13. A casualty has tipped boiling water over their leg at camp, what is the most appropriate initial treatment?**

1. Put cling film over the fresh wound and take to hospital
2. Apply some Aloe Vera cream and then cover in cling film
3. Douse with cool running water for at least 10 minutes

**14. You suspect a conscious and breathing casualty has injured their neck in a fall, which of the following would NOT be the correct treatment?**

1. Move the casualty and help them to walk to a warm place
2. Call 999 and arrange removal to hospital (keeping the patient still while waiting for the ambulance)
3. Lay the casualty down and put in recovery position
4. Help the casualty to sit up in the most comfortable position

**15. What treatment would you recommend for a patient suffering with a severe allergic reaction?**

1. Sit them down and give sips of water
2. Help them to take their own medication (auto injector) and call 999
3. Lay them down and monitor to see if they improve

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| ***I confirm that I have researched the above topics and the answers given in this completed questionnaire are my own work.*** | |
| **Signed:** |  |
| **Date:** |  |

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| ***Module Verified as complete by:*** | |
| **Signed by Training Advisor:** |  |
| **Date:** |  |